

Show Synopsis Week Of 3/21

MONDAY, 3/21

GUEST: MARK NEFF

AUTHOR AND LIFE COACH, MARK NEFF RECENTLY PUBLISHED A BOOK TITLED DIVING INTO DARKNESS TO FIND THE LIGHT. THE BOOK HAS SOME PRETTY INTENSE SUBJECTS SO WE'VE BEEN BREAKING IT DOWN BY CHAPTER.

TODAY WE'RE GOING TO TALK ABOUT CANCER. MARK WAS 32 YEARS OLD WHEN HE WAS DIAGNOSED WITH TESTICULAR CANCER AND HAS BEEN IN REMISSION FOR 15 YEARS.

GUEST: BOSS LADY - LINDSEY HORVATICH

IT'S TIME FOR OUR WEEKLY BOSS LADY SEGMENT AND TODAY'S GUEST IS A LICENSED MENTAL HEALTH THERAPIST WHO HAS DEDICATED HER CAREER TO HIGHLIGHTING MANY INCREDIBLY IMPORTANT ISSUES IN MENTAL HEALTHCARE. PLEASE WELCOME TO THE SHOW TODAY'S BOSS LADY, LINDSEY HORVATICH!

GUEST: ASK THE HAIRDRESSER - MELISSA TEGGEDER

THEY MAKE YOU LOOK OH SO GOOD BUT SOME MAY SAY THAT YOUR HAIRDRESSER IS MORE LIKE YOUR THERAPIST OR EVEN A CONFIDANT...

SO, YOU KNOW THAT THEY HAVE A GREAT PERSPECTIVE ON THINGS AND THAT'S WHY WE HAVE A SEGMENT CALLED "ASK THE HAIRDRESSER"

THIS WEEK WE'RE GETTING HAIRDRESSER MELISSA TEGGEDER, AND HEARING HER PERSPECTIVE ON THINGS!

GUEST: DONNA BOZZO

ARE YOU HAVING FUN? SOMETIMES WE GET DRAGGED DOWN BY THE HECTICNESS OF LIFE AND WE FORGET TO PENCIL IN SOME FUN. WELL, YOU DON'T NEED A LOT OF TIME OR MONEY TO SNEAK BITS OF FUN INTO YOUR DAYS. TODAY WE'VE ASKED AUTHOR, LIFESTYLE EXPERT, AND OUR DAILY FLASH FUN CONTRIBUTOR DONNA BOZZO TO JOIN US. SHE WROTE THE BOOK ON FUN, QUITE LITERALLY!

UBER FUEL SURCHARGE

UBER SAID THAT U.S. CUSTOMERS, EXCLUDING NEW YORK CITY, WILL HAVE TO PAY A FUEL SURCHARGE AS THE RIDE-HAILING FIRM TRIES TO ADDRESS CONCERNS OF DRIVERS AND COURIERS HIT BY RECORD-HIGH GASOLINE PRICES.

AMANDA BYNES TO END CONSERVATORSHIP

AMANDA BYNES FILED COURT DOCUMENTS TO END HER CONSERVATORSHIP AFTER NEARLY NINE YEARS.

TUESDAY, 3/22

BSTRING FOR UKRAINE

WITH THE INVASION OF UKRAINE BY RUSSIA, WE HERE AT DAILY FLASH SUPPORT THE UKRAINIAN PEOPLE AND WE WANT TO SHOW SOME *POSITIVE* AND UPLIFTING STORIES THAT ARE COMING OUT OF THIS SITUATION... STORIES LIKE WHAT BETHANY FRANKEL HAS BEEN DOING.

SHE'S RAISING SOME SIGNIFICANT ADDITIONAL MONETARY SUPPORT FOR THE UKRAINE.

BLOODSUCKERS SEIZED

U.S. CUSTOMS AND BORDER PROTECTION OFFICERS RECENTLY SEIZED SIX AIR CARGO SHIPMENTS OF BLOODSUCKERS IN PHILADELPHIA. THE SHIPMENTS CONTAINED NINE PLASTIC JARS OF THE PROHIBITED LEECHES, WITH ABOUT 300 IN TOTAL.

CAR SMARTS WITH LAUREN FIX

YOU PROBABLY HAVE SECOND GUESSED THAT SPRING BREAK TRIP BECAUSE OF THE RISING GAS PRICES. IN TODAY'S CAR SMARTS, LAUREN FIX, THE CAR COACH GIVES US SOME IDEAS OF WHERE THE ANSWERS WILL BE COMING FROM WHEN IT COMES TO MORE FUEL-EFFICIENT VEHICLES.

HAILEY BIEBER SUFFERS BLOOD CLOT

HAILEY BIEBER SAID SHE WAS HOSPITALIZED FOR EXPERIENCING "STROKE LIKE SYMPTOMS." THE MODEL AND WIFE OF JUSTIN BIEBER EXPLAINED THE SCARY SITUATION TO HER FANS IN AN INSTAGRAM POST TO HER STORIES.

DROWNING HAWK RESCUED

STEVEN GONZALES WENT ABOVE AND BEYOND THE CALL OF DUTY WHEN HE RECENTLY RESCUED THE BIRD IN CRISIS. DURING A JOB, GONZALES SPOTTED A HAWK DROWNING IN A POOL. A CLIP OF THE RESCUE SHOWS GONZALES PULLING THE BIRD FROM THE POOL,

CAITLYN JENNER NOT KEEPING UP WITH THE KARDASHIANS

DESPITE BEING THRILLED ABOUT HER FAMILY'S NEW HULU SHOW, CAITLYN JENNER IS ALSO DISAPPOINTED THAT SHE WILL NOT HAVE A ROLE IN THE FORTHCOMING SERIES.

WEDNESDAY, 3/23

GUEST: DEANNA HERRIN

WE'VE ALL HEARD FLIGHT ATTENDANTS SAY - IN CASE OF EMERGENCY, PUT YOUR OXYGEN MASK ON FIRST BEFORE ASSISTING THOSE AROUND YOU. TURNS OUT THOSE ARE GOOD WORDS TO LIVE BY FOR EVERYDAY LIFE AND IN BUSINESS AS WELL. OUR NEXT GUEST, DEANNA HERRIN, WROTE A BOOK CALLED UNBECOMING, A JOURNEY TO FINDING HER - WHICH STRESSES YOU CAN'T GROW YOUR BUSINESS IF YOU DON'T GROW YOUR SELF AWARENESS.

GUEST: STEPHANIE MANSOUR

FINDING THE TIME TO GET A FULL WORKOUT IN CAN BE CHALLENGING. TODAY WE HAVE FITNESS AND LIFESTYLE EXPERT, STEPHANIE MANSOUR TO SHARE HER TIPS ON EFFECTIVE SHORT WORKOUTS THAT CAN BE DONE IN BETWEEN MEETINGS, WHEN YOU WAKE UP, OR WHENEVER YOU HAVE A CHANCE TO GET YOUR MIND AND BODY RIGHT.

CRUELTY FREE HOTEL

ANIMAL LOVERS CAN LITERALLY REST EASY IN TWO NEWLY-CREATED VEGAN GUEST ROOMS IN THE MANDARIN ORIENTAL HOTEL GROUP'S EMIRATES PALACE, ABU DHABI. DEBUTING IN THIS MONTH, BEDS ARE OUTFITTED ENTIRELY IN VEGAN LINEN WITH NO FEATHER PILLOWS OR DUVETS; THERE IS NO LEATHER, WOOLS, OR SILK USED IN THE ROOM, ANYWHERE.

EAU DE FRIES

THE FRENCH FRY LOVER IN YOUR LIFE MAY GO HEAD OVER PEELS FOR THIS. A NEW PERFUME FROM THE IDAHO POTATO COMMISSION -- YES, YOU HEARD THAT RIGHT -- PURPORTS TO GIVE OFF THE AROMA OF FRENCH FRIES IN ALL THEIR GREASY, SALTY SPLENDOR.

THAT'S A REAL BAT-MAN!

MOVIEGOERS IN AUSTIN, TEXAS GOT TO SEE MORE THAN ONE TYPE OF BAT DURING A SCREENING OF "THE BATMAN". AN ACTUAL BAT WAS SPOTTED SWOOPING AROUND INSIDE THE THEATER,

WORLD'S LONGEST CAR

A RESTORED VERSION OF THE WORLD'S LONGEST CAR BROKE ITS OWN GUINNESS WORLD RECORD WHEN IT WAS OFFICIALLY MEASURED AT 100 FEET LONG. THE SUPER LIMOUSINE KNOWN AS THE AMERICAN DREAM WAS ORIGINALLY BUILT IN 1986 BY CAR CUSTOMIZER JAY OHRBERG AND MEASURED 60 FEET LONG.

THURSDAY, 3/24

GUEST: DR. FRANK

DR. FRANK JOINS US WITH THE LATEST IN TECH GADGETS.

SCHWARZENEGGER MESSAGE TO RUSSIANS

ARNOLD SCHWARZENEGGER MADE AN IMPASSIONED APPEAL TO THE RUSSIAN PEOPLE IN A VIDEO POSTED ON SOCIAL MEDIA, ASKING THEM TO RESIST THEIR COUNTRY'S DISINFORMATION AS THE DEVASTATING INVASION OF UKRAINE CONTINUES.

SHARON OSBOURNE & PIERS MORGAN SHOW

SHARON OSBOURNE AND PIERS MORGAN ARE TEAMING UP FOR A NEW UK SHOW CALLED "THE TALK" -- A PROGRAM THAT BEARS THE SAME NAME AS THE US DAYTIME SHOW THAT OSBOURNE LEFT IN 2021 FOLLOWING ACCUSATIONS THAT SHE HAD CONTRIBUTED TO A "RACIALLY INSENSITIVE AND HOSTILE" WORKING ENVIRONMENT ON SET.

NETFLIX STREAMS ZELENSKY SERIES

BEFORE HE BECAME PRESIDENT OF UKRAINE, VOLODYMYR ZELENSKY WAS A SUCCESSFUL ACTOR AND COMEDIAN. NOW NETFLIX IS AGAIN STREAMING THE TV SERIES THAT HELPED MAKE HIM A STAR -- AND SERVED AS A SPRINGBOARD FOR HIS PRESIDENTIAL CAMPAIGN.

NETFLIX PASSWORD SHARING CHARGE

NETFLIX PLANS TO START CRACKING DOWN ON PASSWORD SHARING AMONG WATCHERS, AND CUSTOMERS ARE NOT TAKING IT WELL. THE COMPANY SAID IN A STATEMENT THAT IN THE PAST IT HAS ENCOURAGED ACCOUNT SHARING AMONG ITS 222 MILLION SUBSCRIBERS, WITH FEATURES SUCH AS PROFILES AND MULTIPLE STREAMS, BUT THAT THE PRACTICES ARE IMPACTING OUR ABILITY TO INVEST IN GREAT NEW TV AND FILMS FOR OUR MEMBERS.

FRIDAY, 3/25

GUEST: ANDREA WOROCH

GET READY FOR SOME SIMPLE BUDGETING TIPS TO HELP YOU TAKE CONTROL OF YOUR FAMILY'S FINANCES SO YOU CAN ACHIEVE YOUR DREAMS WITHOUT MAKING SACRIFICES.

HIGH SCHOOLER RECEIVES \$4.5 MIL IN SCHOLARSHIPS

WITH MORE THAN 100 COLLEGE ACCEPTANCES UNDER HER BELT, A LOUISIANA HIGH SCHOOL STUDENT IS BRIGHT AND WELL-DESERVING OF THE \$4.5 MILLION IN SCHOLARSHIP MONEY.

ANNA DELVEY DEPORTED

FAKE HEIRESS ANNA SOROKIN, AKA ANNA DELVEY, TO BE DEPORTED BACK TO GERMANY
HER GRIFT WAS THE BASIS FOR NETFLIX'S FICTIONALIZED DRAMA INVENTING ANNA.

COUPLE FACES JAIL FOR YOUTUBE STUNT

A YOUNG CONTENT CREATOR COUPLE FACES SEVEN YEARS IN JAIL FOR TRYING TO SPEND THE NIGHT IN TARGET AS PART OF A YOUTUBE VIDEO STUNT.
JOHNSON LAROSE AND CHARLOTTE FISCHER, ALSO KNOWN AS "SAUCY AND HONEY," WERE ARRESTED AFTER HIDING INSIDE A CHESTER COUNTY TARGET STORE AND FILMING THE ENCOUNTER FOR THEIR YOUTUBE CHANNEL.

BOOZE THEFT CAUGHT ON CAM

A THIEF STEALS \$4,000 BOTTLE OF COGNAC IN WELL-CHOREOGRAPHED HIT ON RESTAURANT BAR.
THE BRAZEN ACT WAS CLEARLY CAPTURED BY SURVEILLANCE CAMERAS AND, AT THAT PRICE TAG, CONSTITUTES A FELONY.

SANDRA BULLOCK STES BACK FROM ACTING

SANDRA BULLOCK IS HITTING THE BRAKES ON HER CAREER FOR THE TIME BEING TO FOCUS ON FAMILY.
THE 57-YEAR-OLD ACTRESS SAID THAT AFTER THE UPCOMING PREMIERE OF HER LATEST FILM, THE LOST CITY, SHE'S TAKING A STEP BACK IN ORDER TO SPEND QUALITY TIME WITH HER CHILDREN — SON LOUIS AND DAUGHTER LAILA.

WENDY WILLIAMS HEADED BACK TO TV

WENDY WILLIAMS SAYS SHE WILL BE MAKING A RETURN TO BACK TO DAYTIME TV!
THE "HOW YOU DOIN?" HOST ADDRESSED THE SEVERAL REPORTS AND RUMORS ABOUT HER MENTAL AND PHYSICAL WELL-BEING SINCE TAKING AN EXTENDED HIATUS FROM THE 13TH SEASON OF THE WENDY WILLIAMS SHOW.

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