

## **Daily Flash Show Synopsis - Week Of 10/3/22**

### **MONDAY, 10/3**

DAILY FLASH VALUES THOSE WHO HAVE DEDICATED THEIR LIVES TO ENRICH OUR OWN. WE'VE CREATED "KSA CARES" TO RECOGNIZE AND SUPPORT WAYS TO HELP VETERANS IN COMMUNITIES ACROSS AMERICA - WHICH IS WHY WE'RE EXCITED TO INTRODUCE JEFFREY REASE WHO IS LIFTING THE SPIRITS OF WORLD WAR TWO VETERANS AND THEIR FAMILIES ALL ACROSS THE COUNTRY.

### **TUESDAY, 10/4**

LEARN ABOUT THE DIFFICULTIES ASSOCIATED WITH BEING IN BLENDED FAMILIES. ALSO, WE GET AN UPDATE ON THE NEW "988" SUICIDE AND CRISIS LIFELINE.

### **WEDNESDAY, 10/5**

A CERTIFIED INTEGRATIVE NUTRITIONIST AND HOLISTIC HEALTH SPECIALIST GIVES ADVICE ON ISSUES WITH YOUR METABOLISM AND WAYS TO HELP IMPROVE IT. PLUS ONE MAN'S MISSION TO HELP PEOPLE SEE ADDICTION AND RECOVERY IN A NEW LIGHT.

### **THURSDAY, 10/6**

LEARN ALL ABOUT THE LATEST TREND OF LEAVING THE CITY AND MOVING OUT TO THE COUNTRY, ESPECIALLY WHEN STARTING A FAMILY.

### **FRIDAY, 10/7**

SEE IF YOUR FAVORITE FURRY FRIEND MADE THE LIST OF ANIMALS WE LOVE.

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