

## **Daily Flash Show Synopsis - Week Of 12/30/2024**

### **Monday, 12/30/24**

MTV Teen Mom alum Cheyenne Davis talks about her new book and life with her daughter, also, could Times Square be the next Las Vegas?, and, Sam's Club releases their Holiday Hotdogs, but only at certain locations.

### **Tuesday, 12/31/24**

Business Insider Correspondent Jane Ridley explains the concept of Lids Play Club, also, learn how to get catchy songs out of your head with the Earworm Eraser.

### **Wednesday, 1/1/25**

The holiday giving season is winding down, but that doesn't mean we can't keep a "giving mindset" all year long. 17-year-old Rriyali Kulkarni discusses a "service mindset" in our next generation of leaders, also, it's a New Year and that means gyms everywhere will see a spike in membership, Board-Certified obesity medicine specialist, Rr. Lé Santha Naido says that going from "fat to fabulous" isn't rocket science, it's a cocktail of sweat, strategy, and a dash of sass.

### **Thursday, 1/2/25**

The hosts pick the must-watch movie or series.

### **Friday, 1/3/25**

What are Daily Flash hosts streaming for the weekend? Their picks will make you what to watch!

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