

## **Daily Flash Show Synopsis - Week Of 11/6/23**

### **Monday, 11/6**

"Insiders' Cork Gaines explains how baby boomers can keep the U.S. economy out of a recession, plus, see how entrepreneur Chauniqua Major took her love of business and popcorn to a new level.

### **Tuesday, 11/7**

Real Estate guru Dean Rogers shares tips on getting your finances in order, plus, meet the 71-year-old DJ, and it's the recipe for beer-cheese dip in the Daily Flash Test Kitchen.

### **Wednesday, 11/8**

Nutritionist Mona Dolgov talks the longevity diet for longer and healthier lives, plus, it's popsicles in the Daily Flash Test Kitchen.

### **Thursday, 11/9**

See which celebrities are blowing out candles this week and it's the must-watch movie

### **Friday, 11/10**

Daily Flash Latino host Fabian Marcano holds the Relationship Refresh round table talk, plus, see which shows or movies the hosts suggest to stream for the weekend.

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