

## **Daily Flash Show Synopsis - Week Of 11/17/25**

### **Monday, 11/17/25**

Executive Life Coach and Corporate Trainer James Bonds shares tips on how to handle the holiday stress, also, it's Bitcoin 101 with "Blockchain Academy" President Elle Liberté.

### **Tuesday, 11/18/25**

Business Insider Business Reporter Kelsey Vlamis shares tips on how to handle the holiday travel season, also, see why one woman regrets a tattoo and what she did to fix it, plus, it's a kraft mac & cheese apple pie,

### **Wednesday, 11/19/25**

Consumer Savings Expert Andrea Woroch has tips on penny saving during the holiday shopping season, also, it's "The Scene With Doreen" and Davide Archuleta.

### **Thursday, 11/20/25**

The hosts pick the must-watch movie or series.

### **Friday, 11/21/25**

What are Daily Flash hosts streaming for the weekend? Their picks will make you what to watch!

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