

## **Daily Flash Show Synopsis - Week Of 12/4/23**

### **Monday, 12/4**

"Insiders" Tech and Trending Reporter Lakshmi Varanasi talks the latest longevity trend, plus, find out the correct way to eat Pringles, and it's another plane rude passenger as she pulls her pants down in front of all passengers.

### **Tuesday, 12/5**

Find out how restaurants are "guilt tripping" customers who order water, also, a woman gets backlash for breastfeeding while on a ride at Disney, and a dad is all about gender free fashion and that's why he wears skirts and heels.

### **Wednesday, 12/6**

Mental Health Therapist Dr. Toni Warner shares tips on how not to stress during the holidays, plus Daily Flash Latino's Fabian Marcano talks the latest in music trend for the week and he's the Jenga stacker who inspired a Hallmark movie.

### **Thursday, 12/7**

It's this week's pick on the must-watch movie.

### **Friday, 12/8**

the hosts suggest to stream for the weekend, and it's this week's relationship refresh advice.

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