

Daily Flash Show Synopsis - Week Of 2/12/24

Monday, 2/12/24

Miami based celebrity Chef Adrienne talks about tipping culture, also Boss Lady Dr. Romie talks about her wellness journey, and it's a Labor Day delivery caused by the Beyonce concert.

Tuesday, 2/13/24

Relationship Trauma Expert Janie Lacy explores the Kirk Franklin family drama, also, Dennis Gillan from "Half A Sorrow Foundation" talks about mental health and how to avoid suicidal thoughts.

Wednesday, 2/14/24

Author and Motivational Speaker Judy Wilkins is talks bed rotters, plus, a man earns the title with the most tatted names, and it's national crush-a-can day.

Thursday, 2/15/24

It's the Must Watch Movie of the week, plus the latest in celebrity and entertainment news.

Friday, 2/16/24

It's the host picks on what to stream for the weekend.

##