

## **Daily Flash Show Synopsis - Week Of 2/19/24**

### **Monday, 2/19/24**

Award winning journalist Amy Sweeey talks about reinvention at any age, plus, it's the lifestyle of the rich and famous with celebrity real estate, and a heiress is giving away her fortune.

### **Tuesday, 2/20/24**

The Sassy Accountant Shantel Williams walks through the in's and out's of this tax season, plus, author Michelle Lawton gives insight on what's next for people who abstained from drinking in dry January, and, author and marriage expert Arlene Peliane explains Marriage Week.

### **Wednesday, 2/21/24**

Author Brittany Gowan gives insight on how to look to nature to help relieve stress and anxiety, plus, Senior Economic Advisor for Business Insider, Ayelet Sheffey talks about the latest developments when it comes to student loans, and, Katy Perry quits American Idol and explains what's next for her,

### **Thursday, 2/22/24**

It's the Must Watch Movie of the week, plus the latest in celebrity and entertainment news.

### **Friday, 2/23/24**

It's the host picks on what to stream for the weekend.

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