

Daily Flash Show Synopsis - Week Of 3/18/24

Monday, 3/18/24

It's a round-table discussion on whether couples should follow certain rules, plus, the latest in music news with host Fabian Marcano, and, see how science is following a man who has been vaxxed over 200 times.

Tuesday, 3/19/24

Author Taanvi Arepkapudi shares tips on the key to happiness, plus, Dr. Frieda Birnbaum talks about having kids later in life, and we take a look at main character syndrome.

Wednesday, 3/20/24

Author Melissa Cade Garcia talks about how to work through the pain of rejection, also, it's Nutrition Monday and Chef Gisela Bouvier some great recipe alternatives for healthy life.

Thursday, 3/21/24

It's the Must Watch Movie of the week, plus the latest in celebrity and entertainment news.

Friday, 3/22/24

It's the host picks on what to stream for the weekend.

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