

Daily Flash Show Synopsis - Week Of 4/15/24

Monday, 4/15/24

Accountant Melinda Sandoval talks about her journey and how she broke barriers as a minority female, also, the top ten female inventors are highlighted.

Tuesday, 4/16/24

Business Insider's Jennifer Streaks shares grocery shopping money saving tips, also, author Heide Abelli talks about her latest book for the modern professional, and it's the Ricki Lake weight loss, which she attributes to hard work.

Wednesday, 4/17/24

Life Coach Maggie Maris joins us from The Netherlands with tips on self-awareness, growth and lasting happiness, plus, Business Insider's Senior Investing Correspondent Kathleen Elkins talks about financial independence and who to retire early, and Neuroscientist Dr. Nicole Avena shares seven steps to change our body for the better.

Thursday, 4/18/24

It's the Must Watch Movie of the week, plus the latest in celebrity and entertainment news.

Friday, 4/19/24

It's the host picks on what to stream for the weekend.

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