

## **Daily Flash Show Synopsis - Week Of 4/8/24**

### **Monday, 4/8/24**

Business Insider's Juliana Kaplan shares details on which part of the country it's easier to find love, plus, Elite Engineering Founder Robert Kay has tips on how to turn an idea into something and bring it to market, and see which celebrity is having a hard time selling a house.

### **Tuesday, 4/9/24**

Director of Training for Attitudes, Harmony and Achievement Melissa Lynn Lowenstein talks about teen mental health crisis, plus, see why Dr. Aditi Nerurkar says that stress can be a healthy way to tackle life's demands.

### **Wednesday, 4/10/24**

Freedom transformation Specialist Bob Gardner offers a fresh view on how to conquer stress, addiction and anxiety, also, Insider's Senior Real Estate Reporter Jaames Rodriguez talks the housing bubble.

### **Thursday, 4/11/24**

It's the Must Watch Movie of the week, plus the latest in celebrity and entertainment news.

### **Friday, 4/12/24**

It's the host picks on what to stream for the weekend.

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