

Daily Flash Show Synopsis - Week Of 5/29/23

Monday, 5/29

CEO of "Metabolism Makeover" Registered Dietitian Megan Hansen sheds light on how to achieve optimal health. Also, see how keeping up with the Joneses are leading many people to suffer financially, and it's Jay Z's paternity battle.

Tuesday, 5/30

Singer Chris Ruggiero talks about his career with hits from the golden age of rock and roll, also, a 93-year-old gives dating advice, and it's the Jeremy Renner update following his accident.

Wednesday, 5/31

Actor Eric Hanson talks about his latest movie on boxing legend George Foreman, plus, Matthew McConaughey talks about aging gracefully, and Heather Graham opens up about the comparison to the new class of Hollywood compared to the older.

Thursday, 6/1

Film Critic Tony Toscano lets us know what's coming out of Hollywood and straight to your screen.

Friday, 6/2

See if your favorite furry friend made the list of animals we love.

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