# Daily Flash Show Synopsis - Week Of 8/12/24

## Monday, 8/12/24

Former Harlem Globetrotter Herbert "flight time" Lang is sharing his story to motivate and inspire people across the globe, plus, Registered Dietitian and Nutritionist, Gisela Bouvier joins us with ways to encourage healthy habits at home during the summer break.

### Tuesday, 8/13/24

It's the 20-year anniversary of the blockbuster film "School of Rock" with child star Brian Falduto as the aspiring stylist "Billy". He's now an accomplished country singer, and he joins the show promoting his new album and nationwide tour. Also, see why passengers boarded a plane on a flight to nowhere.

# Wednesday, 8/14/24

Parenting Expert Katherine Sellery shares tips on ways to keep kids entertained and engaged this summer. Also, Rob Souriall, Vice President of Marketing and Branded Entertainment for Disney Music Group, shares the perfect solution to your sleepless nights, thanks to Disney!

### Thursday, 8/15/24

Bestselling author of the "Mexican Food Diet," Chef Maru Davila cooks up some tasty and healthy plates, plus, author Heide Abelli focuses on workplace challenges and offers tips on how to land your first job.

## Friday, 8/16/24

A jewelry store in New York has customers fishing for their pearls to make a necklace, also, Prince Harry is looking to purchase his own residence in London to hang with friends, plus, dueling porch pirates fight to steal a package.

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