

Daily Flash Show Synopsis - Week Of 9/21/26

Monday, 9/21/26

CEO of Realty One Group MVP, Derek Carlson talks about his new book "Unlock Your MVP." also, it's the big debate, shoes on or shoes off when someone visits, and, it's the MAGA rising star with a promising future.

Tuesday, 9/22/26

Business Insider contributor Rebecca Strong explains how a weekly marriage check-in can help a relationship, also, Author Doug Noll talks about his new book titled "Empathy Leadership: The Powerful Skill That Drives Winning Results."

Wednesday, 9/23/26

Family & Marriage Counselor Dr. Cassidy Freitas shares advice for parents on how to ease the back-to-school tension, also, Jennifer Lawrence joins social media with a rule that fans must not break or she'll unjoin.

Thursday, 9/24/26

The hosts pick the must-watch movie or series.

Friday, 9/25/26

What are Daily Flash hosts streaming for the weekend? Their picks will make you what to watch!

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