

Daily Flash Show Synopsis - Week Of 9 23 24

Monday, 9/23/24

Former Harlem Globetrotter Herbert "flight time" Lang is sharing his story to motivate and inspire people across the globe, plus, Registered Dietitian and Nutritionist, Gisela Bouvier joins us with ways to encourage healthy habits at home during the summer break.

Tuesday, 9/24/24

It's the 20-year anniversary of the blockbuster film "School of Rock" with child star Brian Falduto as the aspiring stylist "Billy". He's now an accomplished country singer, and he joins the show promoting his new album and nationwide tour. Also, see why passengers boarded a plane on a flight to nowhere.

Wednesday, 9/25/24

Parenting Expert Katherine Sellery shares tips on ways to keep kids entertained and engaged this summer. Also, Rob Souriall, Vice President of Marketing and Branded Entertainment for Disney Music Group, shares the perfect solution to your sleepless nights, thanks to Disney!

Thursday, 9/26/24

A Panera Bread worker attacks a crazed customer, plus, it's Katy Perry versus the sand dunes, and a college student is dubbed as the worst kicker ever by Pat McAfee.

Friday, 9/27/24

Miami residents name their city as the rudest city in the U.S., plus, rocker Jon Bon Jovi saves a suicidal woman.

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