

Daily Flash Show Synopsis - Week Of 9/28/26

Monday, 9/28/26

Ari Page, CEO of Fund and Grow, shares top tips on the best way to manage debt, also, it's time for some Celebrity Real estate as Meg Ryan and Dakota Johnson are selling their homes.

Tuesday, 9/29/26

Business Insider's Dominick Reuter discusses the dangers of nightmares in kids with squishy toys; also, Dream Expert Dr. Michael Lennox explains how dreams can help process emotions and experiences.

Wednesday, 9/30/26

Clinical Hypnotherapist and Registered Nurse Rene Brent talks about reclaiming your mind in a digital world, and It's Joey Tempest on The Scene With Doreen.

Thursday, 10/1/26

The hosts pick the must-watch movie or series.

Friday, 10/2/26

What are Daily Flash hosts streaming for the weekend? Their picks will make you what to watch!

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