

Daily Flash Show Synopsis - Week Of 9/29/25

Monday, 9/29/25

It's time to draw a line in the sand when it comes to your children and their phones. Business Insider's Henry Chandonnet has tips on how to do it, also, Miss Global Puerto Rico 2025 talks about her journey in becoming a beauty queen, also, actress Erica Gimpel talks her latest movie "Bang Bang."

Tuesday, 9/30/25

Author Seth Stewart talks his new book "Follow Your Vision, Live Your Truth," in which he says men are facing a silent crisis rooted in feeling undervalued, plus, the warnings of the heavy soda trend.

Wednesday, 10/1/25

Transformational Coach and Author David Cunningham of the book "Your Love Does Matter" David Cunningham talks the harsh rhetoric every is facing, also, a man is fighting for the rights to take his emotional support alligator out in public.

Thursday, 10/2/25

The hosts pick the must-watch movie or series.

Friday, 10/3/25

What are Daily Flash hosts streaming for the weekend? Their picks will make you what to watch!

##