

## **Life Love Shopping Show Synopsis – Week of 08/12/2024**

### **Episode 249**

Coming up on the next LLS, we take a closer look at the online dating phrase, “Kitten Fishing.” Find out what it means and why it’s catching so many people off guard. Plus, we're checking in with our registered dietician for the six steps to a body reset. How you can reboot your metabolism with a simple makeover. And speaking of makeovers, we will introduce you to the California man who spent \$20K on a doghouse as a birthday gift for his new pup. If you live it, love it or buy it we talk about it! It's all coming up on ‘Life Love Shopping’ - Your life and style guide from A to Z!