Daily Flash Show Synopsis - Week Of 5/9/22

MONDAY 5/9

TODAY, UNCOVER THE ROOT OF YOUR SLEEP CHALLENGE, AND LEARN HOW TO OVERCOME YOUR SLEEP CHALLENGES. WE CHAT WITH THE FILMMAKER OF 'WHY ON EARTH,' WHICH TAKES A COMPREHENSIVE LOOK INTO OUR CURRENT CONDITION AS A PEOPLE.

TUESDAY, 5/10

PROFESSIONAL HOME ORGANIZER SARA HORNSBY JOINS US WITH TIPS ON HOW TO ORGANIZE YOUR HOME. AND A LIFE COACH HELPS CREATE MORE HARMONY IN OUR LIVES.

WEDNESDAY, 5/11

WE CHAT WITH THE DIRECTOR AND PRODUCER OF THE NETFLIX DOCUMENTARY "THE MYSTERY OF MARILYN MONROE: THE UNHEARD TAPES." PLUS, SEE HOW YOU CAN REAP SOME OF THE HEALTH BENEFITS OF WORKING OUT OUTSIDE.

THURSDAY, 5/12

FILM CRITIC TONY TOSCANO GIVES HIS PICKS ON WHICH MOVIES TO WATCH OR SKIP. AND IT'S A TIGER KING WEDDING BEHIND BARS.

FRIDAY, 5/13

SEE WHICH ACTRESS IS CONSIDERING REPRISING HER ROLE AS CATWOMAN. PLUS, WE TACKLE OUR LATEST DATING DO'S & DON'TS.

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