MONDAY, 8/1

AN ASTROLOGER AND TAROT READER WHO HELPS PEOPLE FIND DEEPER MEANING AND UNDERSTANDING IN THEIR LIVES. PLUS A BOSS LADY TELLS US HOW TO ACHIEVE SUCCESS IN LIFE AND BUSINESS.

TUESDAY, 8/2

A MASTER HYPNOTIST TO THE STARS TALKS ABOUT THE BEING HYPNOTIZED. PLUS WE TALK PATTERNS OF THOUGHTS, FEELINGS AND BEHAVIOR CALLED EMOTIONAL DNA.

WEDNESDAY, 8/3

WE'RE GETTING THE SCOOP ON THE PERFECT MAKE-UP LOOK FOR BRUNCH, THE OFFICE AND THE AFTER PARTY! AND GET READY TO GET YOUR SWEAT ON! IT'S FLASH FITNESS WITH JOEY THURMAN.

THURSDAY, 8/4

FILM CRITIC TONY TOSCANO ON HIS TAKE ON WHAT MOVIES TO LOOK OUT FOR.

FRIDAY, 8/5

WITH RECORD SETTING HEAT TEMPERATURES, WE'VE GOT THE BEST SOLUTIONS FOR STAYING HYDRATED.

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